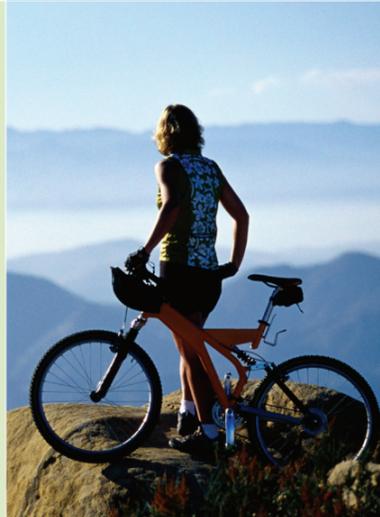


**... YOU WANT
PROFESSIONAL,
PERSONALIZED
CARE EVERY STEP
OF THE WAY.**

You want physical therapists with a personal, involved approach to patient care. Professionals who give you all the support you need to heal — in a friendly, comforting environment. You can see the same therapist from your first visit to your last. That's because Jeanne Egan, PT, OCS, and her team know that one-on-one care makes for a better-educated patient and a more positive outcome.

With over 80 years of combined experience, they can maximize your body's ability to heal, move and do all the things you need to. Like getting you back to work. Back to play. And back to the pain-free life you once lived. So whether you're suffering from back or neck pain or need intensive rehab after surgery, a sports injury or an auto accident, you'll find fast, effective relief at The Physical Therapy Center, Inc.



**JEANNE CHRISTOPULOS EGAN,
PT, OCS, DIRECTOR**

Certified: Orthopedic Clinical Specialist
BS: Physical Therapy, Albany Medical College School of Physical Therapy, Russell Sage College
Member: American Physical Therapy Association, Physical Therapy Professional Network (PTPN*)

*PTPN was founded by nationally recognized leaders in the physical therapy profession in the belief that the professional ethics, clinical expertise and personal commitment of the private practitioner deliver the best value and the highest level of service to both patients and payors.

WHAT OUR PATIENTS SAY ABOUT US:

"This is the first time I have needed PT and I didn't know what to expect. Your staff was comforting and took the time to explain everything so that now I am up and going again after surgery. Thank you! I would definitely recommend your services to my family and friends." – Margarite B., Centerville

"Please thank your staff for their help. As you know, I had an unsuccessful experience somewhere else and was ready to give up. It was only after my doctor suggested your office that I finally got relief from my nagging back pain." – John C., Cotuit

"I noticed one of my doctors in your waiting room. I know he doesn't live in the immediate area, so I realized that your facility is where the professionals go when they need physical therapy. A good choice for both of us." – Virginia H., Osterville

The Physical Therapy Center

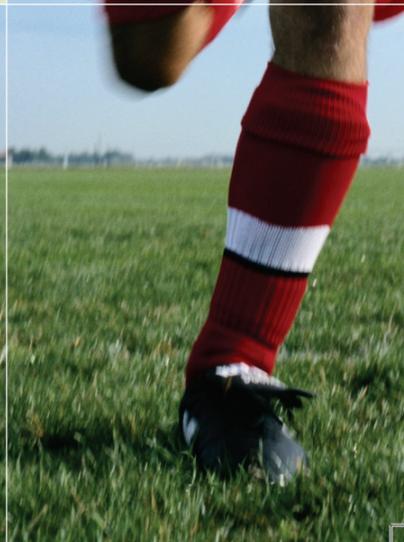
Effective hands-on care for exceptional results.

**CALL 508-428-0300 IN OSTERVILLE
OR 508-759-3400 IN BUZZARDS BAY**

719 Main Street • Osterville, MA 02655 • Fax: 508-428-1211
258 Main Street, Suite B-3 • Buzzards Bay, MA 02532 • Fax: 508-759-5294
www.physical-therapy-centers.com



**WHEN
YOU NEED
PHYSICAL
THERAPY,
you want results
and more...**





THE PHYSICAL THERAPY CENTER COMMITMENT.

In this age of managed care and “big” medicine, we are proud to remain an independently owned and operated practice. Our mission: providing the highest standard of care to every patient, every day. We use only proven leading-edge technology and carefully select staff members based on their credentials and experience to provide the best therapy and share our practice mission. This commitment is why The Physical Therapy Center is the trusted choice of so many area physicians, nurses and families.

THE PHYSICAL THERAPY CENTER EFFICIENCY.

You’ll feel our genuine concern for your good health the moment you walk in the door. Our goal is to make you feel right at home and welcome in our relaxed, comfortable offices. We respect your time, so you won’t be kept waiting for your appointment. When you come in for your initial visit, we’ll take your health history then evaluate and discuss your condition. We’ll give you a thorough examination in a private treatment room to find the cause of your pain, then establish a treatment approach to most effectively correct your problem.

THE PHYSICAL THERAPY CENTER SOLUTIONS.

When you’re in pain, nothing seems right. You miss out on your favorite activities. You may miss work and your ability to earn a living or support your family. That’s why we use gentle, hands-on methods to relieve your pain and improve your function as quickly as possible. Quick pain relief means fewer visits. It means getting back to your job, your family — your life — faster. Here are some of the many conditions we treat:



- » Back & neck pain
- » Shoulder & arm pain
- » Hip, knee & ankle pain/joint replacement
- » Hand pain/carpal tunnel syndrome
- » Sports injuries
- » Work injuries
- » Auto & personal injuries
- » Osteoarthritis & osteoporosis
- » Postsurgical rehab
- » Numbness, tingling & neuropathy
- » Fibromyalgia
- » Vestibular/balance disorders
- » Pregnancy-related back pain
- » Incontinence
- » Sprains & strains
- » TMJ pain

THE PHYSICAL THERAPY CENTER TREATMENT CAPABILITIES.

We have the experience and training to treat any pain problem or rehabilitation need you may have. We use hands-on treatment to reestablish correct postural alignment and specific exercise programs to maintain flexibility and strength. And we don’t just treat your pain — we show you how to keep it from coming back. Your treatment options may include:

- » **Manual therapy** — Includes hands-on joint and soft-tissue mobilization, massage therapy, myofascial release, craniosacral therapy and a number of other advanced techniques.
- » **Anodyne infrared & cold laser** — The same cutting-edge infrared and low-level laser therapies now being used by professional sports teams and world-class athletes in virtually every sport.
- » **Modified Pilates** — Used to help seniors and those with back disorders get the same benefits as others who use Pilates.



- » **Electrical stimulation** — Decreases pain and swelling and facilitates faster healing.
- » **Ultrasound** — Creates a deep heating effect that can reduce pain, spasm and joint stiffness while increasing flexibility in your muscles, tendons and ligaments.
- » **Iontophoresis/phonophoresis** — Utilize topical medications to help reduce the symptoms of tendonitis and bursitis.
- » **Home exercise programs** — A customized program to help you recover from injury, improve strength, balance and coordination and enhance your ability to perform.
- » **On-site rehab** — Our complete center includes exercise balls, free weights, elliptical trainers, pulleys, treadmills, balance equipment, resistance machines, traction and more.

THE PHYSICAL THERAPY CENTER CONVENIENCE.

Being in pain is inconvenient enough. So we’ve made our care as convenient and easy as possible, starting with competitive fees. Our flexible office hours and short wait times work around your busy schedule. We accept and file your insurance, including Medicare. We accept Workers’ Compensation cases, motor vehicle accidents and liability cases and provide all paperwork to the necessary parties. Finally, we accept Visa and MasterCard.

**CALL 508-428-0300 IN OSTERVILLE
OR 508-759-3400 IN BUZZARDS BAY
TO SCHEDULE YOUR PREFERRED APPOINTMENT.**

The Physical Therapy Center
Effective hands-on care for exceptional results.